



ALL RICE OF THE WORLD

1. Product name: Palmier Risotto Rice

2. Product description: Medium Grain Arborio Rice

3. Nutrition information: (per 100 g uncooked rice)

Energy (KJ / Kcal)	1571 / 375,3
Proteins (g)	8,9
Carbohydrates (g)	89,76
* of which Sugars (g)	0,3
Fat (g)	0,35
* of which Saturates (g)	0,1
Salt (g)	0,01

4. Cooking instructions:

Ingredients for 4 persons:

350 g of Palmier Risotto Rice, 1 litre of chicken or vegetable stock, 1 medium sized onion thinly sliced and cubed, 40 g of butter, 1 glass of dry white wine, freshly sliced parmesan cheese and any other ingredients at your will.

1. Add the butter and fry the onion in a thick deep saucepan until it becomes brownish of colour, add the rice and stir until it becomes transparent.

2. Add the wine until has been absorbed. Add a little bit of the stock and let it simmer on a medium heat.

3. Add the stock at a regular interval and keep stirring for about 18 minutes after which the rice will be cooked.

4. Add the parmesan cheese and or any other ingredients at your will, stir once more cover the pan let it rest for 2 minutes and serve.

Allow:

50 g per person as side dish

60 g per person as main course

5. Product suitable for:

Ovo-lacto-Vegetarian
Lacto-vegetarian
Vegetarian

Vegan
Halal
Kosher

Diabetic

6. Allergens: The rice to be free of any known allergens.

7. Sizes available: 1 KG, 5 KG, 1000 KG - STORE IN A COOL DRY PLACE



1 KG



5 KG



1000 KG